

Visiting Staff & Teams,



The Luther College Athletic Training Staff would like to a moment and welcome you to the Valley! For your visit to our facilities, we have provided you with a brief letter to let you know what we have available for you.

The Athletic Training Clinic is located in Regents Center Room 35, which is located on the lower level at the south end of the hallway. The Athletic Training Clinic will be open 2 hours prior to the start of competition and approximately 30 minutes after.

The following amenities are available for your use in the Athletic Training Room:

- Hydrocollator Packs
- Ice
- Electrotherapy/Ultrasound Units

The Visitor's Bench will be provided with:

- Towels for game use
- Water
- Cups/Water Bottles
- Ice Chest w/bags
- Biohazard supplies
- Ice Towels (weather pending)

For Visiting Football Teams, pregame preparations and halftime will be in Regents North Gym.

- The following will be available for your use:
 - Tape tables
 - Small Hydrocollator
 - Water Cooler w/cups
 - Ice Chest w/ bags
 - A few towels

If you have any other special requests please feel free to contact us prior to your arrival.

If your team is traveling without a certified athletic trainer, we ask that you provide us with notification and a written statement regarding all treatments/taping for your team. We also ask that your team arrive with a fully-stocked kit. Electrical stimulation/Ultrasound treatments will not be provided for teams traveling without a certified athletic trainer.

Safe Travels,

Luther College Athletic Training Staff

Addresses for your convenience:

- Emergency Room:
 - Winneshiek Medical Center: Emergency Room
 - 901 Montgomery St, Decorah, IA 52101
 - Located on the southwest side of building

- Medical Clinics:
 - Winneshiek Medical Center
 - 901 Montgomery St, Decorah, IA 52101
 - Gundersen Decorah Clinic
 - 1830 IA-9, Decorah, IA 52101

- Optometrist:
 - Oneota Valley Family Eye Care
 - 305 E Water St, Decorah, IA 52101
- Pharmacy:
 - Walmart Pharmacy
 - 1798 Old Stage Rd, Decorah, IA 52101